

Newsletter September 2026

Autumn Vaccination Clinics 2026

We will be holding vaccination clinics across Watership Down Health this autumn. If you are eligible for a flu vaccination, you will receive an invitation by SMS text message, via the NHS App or by email over the coming weeks. If you have not received your invitation by mid-September, please contact the practice to book an appointment. As our telephone lines are busiest during the morning, your assistance in calling after 2pm would be appreciated.

We look forward to welcoming you to one of our clinics.

Flu Vaccination Clinics

Children aged 2–3 years and pregnant women:

- Saturday 19th September 2026
- From 8.30am
- Available at Overton Surgery and Kingsclere Health Centre

Adults aged 65 years and over, and those aged 18–64 years in an eligible at-risk group:

- Saturday 3rd October 2026
- Saturday 10th October 2026
- Available at Overton Surgery and Kingsclere Health Centre

Additional flu clinics will be held at Oakley Surgery from mid-October.

COVID-19 & Flu Vaccination Clinics

Adults aged 75 years and over:

- Saturday 3rd October 2026
- Saturday 10th October 2026
- Available at Overton Surgery and Kingsclere Health Centre

Mental Health Update



GP Triage

GP Triage, our online appointment and care request service, is available from 07:00am Monday to Friday. Our reception team will continue to be available between 08:00 – 18:30 hrs Monday to Friday, for all your other medical needs.

Please note that if you are unable to use the online system or do not have digital access, you can let the reception team know as they are best placed to help you.

The GP Triage system can be accessed via our website by one patient at a time only at:

<http://watershipdownhealth.com>

Please see below for the up-to-date video of the upgraded system available via Youtube:

How to Use GP Triage - For Patients: <https://www.youtube.com/watch?v=HQ-f VmJUBA>

Health Kiosks

The Oakley surgery now has its own Health Kiosk which works the same way as the other kiosks in the practice. We encourage patients to use these for a range of health checks such as height, weight, blood pressure along with questionnaires for issues like asthma, mental health etc. Please note that if the appropriate check is completed, the information goes directly into the patient's record and is saved ready for our clinical team to review. The kiosks are available during surgery hours with no booking needed.

Patient Participation Group - AGM

The Patient Participation Group will be holding their Annual General Meeting at the Overton surgery meeting room on Wednesday, 30th September 2026 at 5.30pm. All patients in the practice are welcome to attend.

Did you know?

On Monday 3rd August 2026, we received 639 telephone calls. 287 patients used our Call Back facility and 276 were successfully called back.

The full newsletter is available to read on the practice website at www.watershipdownhealth.com.