

Newsletter August 2026

Bowel Cancer Screening

We are raising awareness of Bowel Cancer Screening and the importance of completing your at-home test when it is sent in the post. Bowel Cancer Screening was introduced in the UK, 20 years ago and since then, it has saved thousands of lives. Cancer screening is for people with no symptoms. Bowel screening aims to find cancer early, or to find changes in your bowel that could lead to cancer before they are noticeable. If you are aged between 50 and 74, you will be sent a bowel screening at home test in the post. All the instructions are included on the box and just a tiny bit of poo can help find cancer early, when it is easiest to treat. The test is quick, you do it at home, and just a tiny sample of poo is needed. Please visit:

cancermatterswessex.nhs.uk/screening-for-bowel-cancer

for more information, videos and links to charities who can support you too.

Read Easy Support for Patients

Do you know anyone who needs help to read?



The poster features an orange background with a white curved base. At the top, the 'Read Easy' logo is displayed, consisting of a stylized icon of two people reading a book, followed by the text 'Read Easy' in a large, bold, sans-serif font, and 'West Berkshire Group' in a smaller, bold, sans-serif font below it. In the center, an illustration shows a woman with red hair and a man with dark skin sitting on a blue armchair. The man is holding a green book and looking at it, while the woman looks on. Below the illustration, the text 'Free 1-2-1 Reading help for adults' is written in a bold, sans-serif font. To the right of this text is a black and white QR code. At the bottom left, there is a green circular icon with a white telephone handset. To the right of this icon, the phone number '07935 515 393' is displayed in a bold, sans-serif font.

Read Easy
West Berkshire Group

Free
1-2-1
Reading help for adults



 **07935 515 393**



Do you know someone who struggles to read?

Read Easy provides free and confidential one-to-one reading coaching for adults.

People can learn to read or improve their reading skills at their own pace and without pressure. It's friendly, flexible and fun!

To find out more, please contact: 07745 526598 or 07359 407481
Basingstoke@readeasy.org.uk

readeasy.org.uk

© Read Easy UK. All Read Easy groups are legally and financially independent local organisations, affiliated to Read Easy UK (Registered Charity: 1151288)

GP Triage

As we continue to work with our new GP Triage software, we would like to thank all the patients who have given us constructive feedback. Rest assured that information is being shared with the developers to enable us to tailor the system for Watership Down Health and, most importantly, our patients.

GP Triage is available from 07:00 am Monday to Friday. Our reception team will continue to be available between 08:00 – 18:30 hrs Monday to Friday, for queries and other appointments e.g. nurse appointments, but we encourage use of the online GP Triage service for those able to use it.

The GP Triage system can be accessed via our website by one patient at a time only at -

<http://watershipdownhealth.com>

Please see below for the up to date video of the upgraded system available via Youtube:

How to Use GP Triage - For Patients: https://www.youtube.com/watch?v=HQ-f_VmJUBA

An upgraded version was rolled out on 14 July 2026.

Advanced Notice - National Seasonal Flu & Autumn Covid-19 booster vaccinations Autumn 2026

We are planning to advertise our seasonal flu and covid-19 vaccinations clinics in August 2026 with a view to being able to book an appointment by the middle to end of August 2026. Please make sure we have current contact details including mobile telephone number, landline (if you have one) and email and we recommend that, if you use the NHS App, the notification feature is switched on.

NHS App Update

As of February 3, 2025, the NHS app is no longer accessible on older devices running iOS 13 and 14 and Android versions 6 and 7.

Users on these older devices will need to access NHS App services through a web browser instead. We recommend keeping your device updated to the minimum supported version to ensure continued access to the NHS App.

The NHS App help clinics run by the PPG will begin again in September 2026.