



Newsletter March 2026

Flu Update

Flu viruses continue to circulate. We are able to give influenza vaccine to the Over 65s and Under 65s with an underlying health condition up until 31 March 2026. Please ask if you have not had. 119 can also direct patients to a community pharmacy of their choice.

Covid Spring Booster Update

Vaccination will be offered in England in from April 2026 to:

- adults aged 75 and over
- residents in care homes for older people
- individuals aged 6 months and over who are immunosuppressed

Please wait to be contacted once we know that we have a supply in our medical centres.

Expansion of Respiratory Syncytial (RSV) Vaccine Eligibility

From 1st April 2026, the eligibility for RSV will include patients 80 years & over and all residents in care homes for older adults (previously only offered to patients who had not yet reached 80 years of age). The expanded eligibility will have no upper age limit.

Eligibility:

- Adults over 75 years and over who have not previously received a single dose
- All residents in care homes for older adults regardless of their age (due to their increased risk)

The vaccine will continue to be Abrysvo on a one-dose schedule. RSV can, however, be administered at any time and will continue throughout the year. More details can be found at the NHS site: <https://www.nhs.uk/conditions/respiratory-syncytial-virus-rsv/> Please await an invitation.

NHS App Help Drop-in Clinic

The PPG will be running an afternoon drop-in session at the Kingsclere practice for anyone needing help with the NHS App on Monday, 16th March 2026.

Team Update

We welcome several new GPs to our team, Dr Alex Copping, Dr Jake Lockard and Dr Rome Candy.

We also welcome our new treatment room nurse; Miss Rhianna England and we are sadly saying goodbye and happy retirement to Mrs Heather Blair who retires middle of March 2026.

New Self-Check-In Screens

We have now finalised the installation process to get new Check-In Screens at each of our sites at Kingsclere, Oakley and Overton. Please note that these are a simplified version which meets GDPR

considerations. Any updating of patient details e.g. address, telephone numbers etc will need to be made through our Website going forward.

Please do this through the Changing your Contact details form at:

<https://watershipdownhealth.com/services/changing-your-contact-details/>

Provision of a Mobile Telephone Number and/or Email Address for those Aged 16 years plus

Please note that at the Age of 16 years, young people are required to confirm the mobile telephone number and email address of their records. The clinical system drops off existing details and therefore, we request that all young people confirm that we have the most up to date details.