



Newsletter Feb 2026

Flu Update

As flu viruses continue to circulate, please consider a vaccine if you have not already had one. You are still eligible for a vaccine if you are either over 65, or under 65 with an underlying health condition. You can also call 119 who can provide you with details of vaccine availability at your community pharmacy. Flu vaccine can be given until 31 March 2026.

New Self-Check-In Screens

New check-in screens are currently being installed in Kingsclere, Oakley and Overton which should be operational by mid-February 2026. There will be times when the screens may not yet be fully set up, so please check in with the reception team and accept our apologies for any inconvenience whilst we get our new system functioning.

It is really important that the practice has your updated contact details to keep you informed about anything affecting your health and well-being, so any necessary changes to your information can be made through the practice website using the form available at:

<https://watershipdownhealth.com/services/changing-your-contact-details/>

Extra Time for Parking

Please note that car parking at our sites can be limited during busy periods. We recommend allowing additional time for parking before your scheduled appointment to help avoid delays. Thank you for your consideration.

Appointments/Triage System

We continue to improve our online triage system for managing incoming requests; however, we recognise that this option may not be suitable for everyone, particularly those without access to online services. If this applies to you, please feel welcome to visit one of our sites, where a member of our reception team will be happy to assist by submitting a triage request on your behalf.

Notifications via the NHS App

As more services are being made available to patients via the NHS App, it is important that patients switch on the notifications setting so you can be kept up to date with managing your health and well-being.

In the NHS App (iOS & Android)

Open the NHS App.

Tap the Account icon (person icon) in the top right hand corner or 'More' and then 'Account and Settings'. Select Notifications (or 'Manage notifications').

Tap "Go to Device" settings.

In your iPhone settings

For iPhone: Go to Settings > Notifications > NHS App and ensure 'Allow Notifications' is switched on.

For Android: Go to Settings > Notifications > App settings (or similar) > NHS App and ensure notifications are allowed.

Should you need any further assistance, both the reception team can help or can put you in touch with the PPG who can provide further support.