

# The EK Health Kiosk





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INNOVATIONS

# What is the Health Kiosk?

- Complete health questionnaires
- Take measurements such as blood pressure, height, and weight independently.
- Your results are uploaded straight into your patient record ready for your clinician to view.





## Why use the Health Kiosk?

- Answering health questions on the kiosk helps your clinician provide care at a time convenient to you
- Provide your up to date health information ready for your appointment
- Take independent review questionnaires at a time convenient to you

# It's easy to use the Health Kiosk:

## Log in using your Name and Date of Birth

Who are you?

Please enter your details to log in

Your First Name:

Your Surname:

Your Date of Birth:

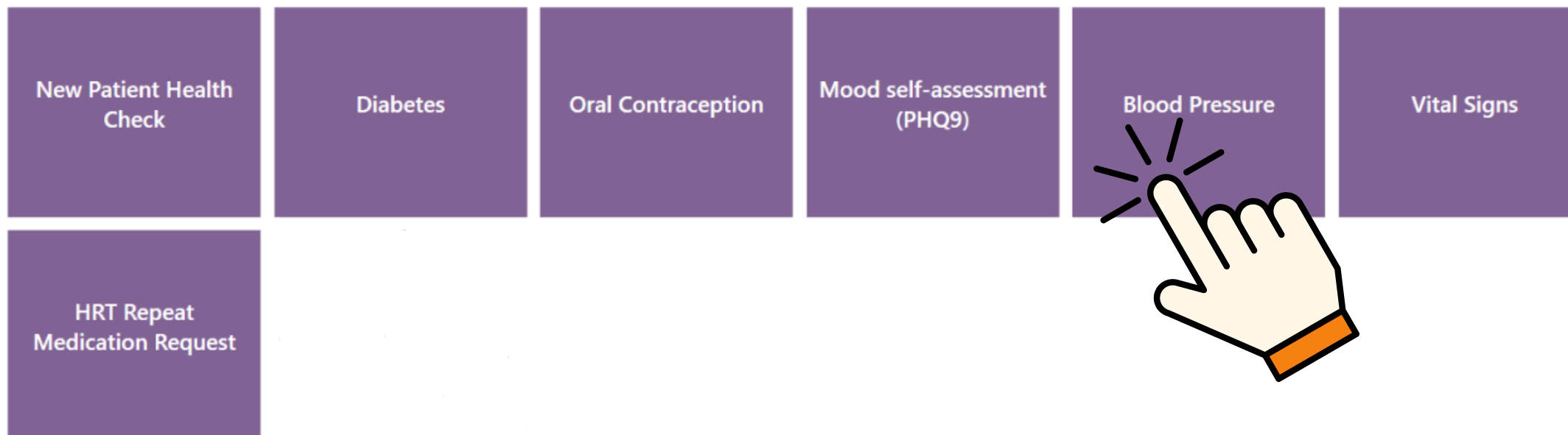
DD	MM	YYYY
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# Choose and complete your relevant questionnaire(s) on the screen

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End Session

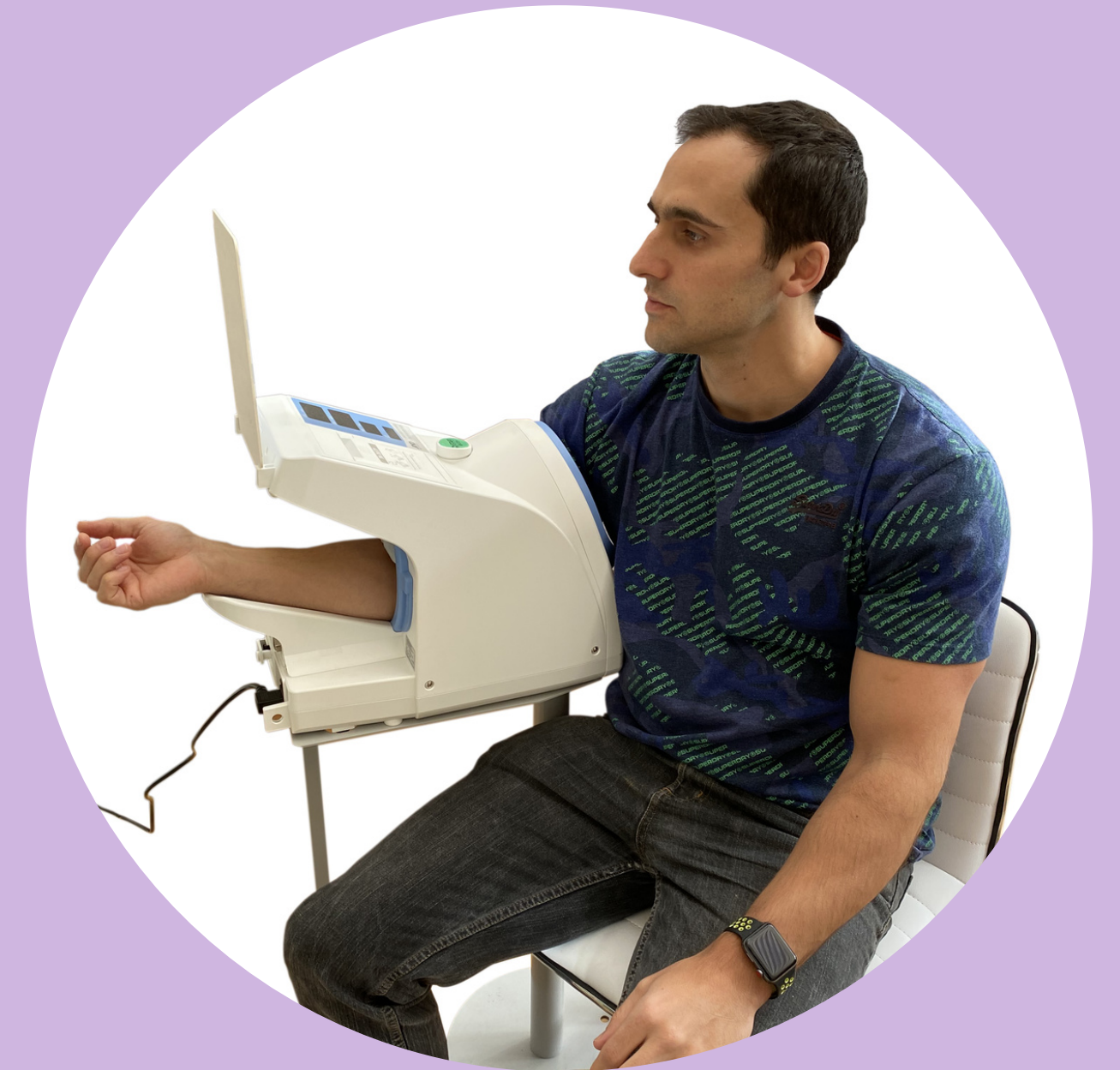
Please select one of the following questionnaires



**Read the instructions carefully before using the Blood Pressure and Scales machines**



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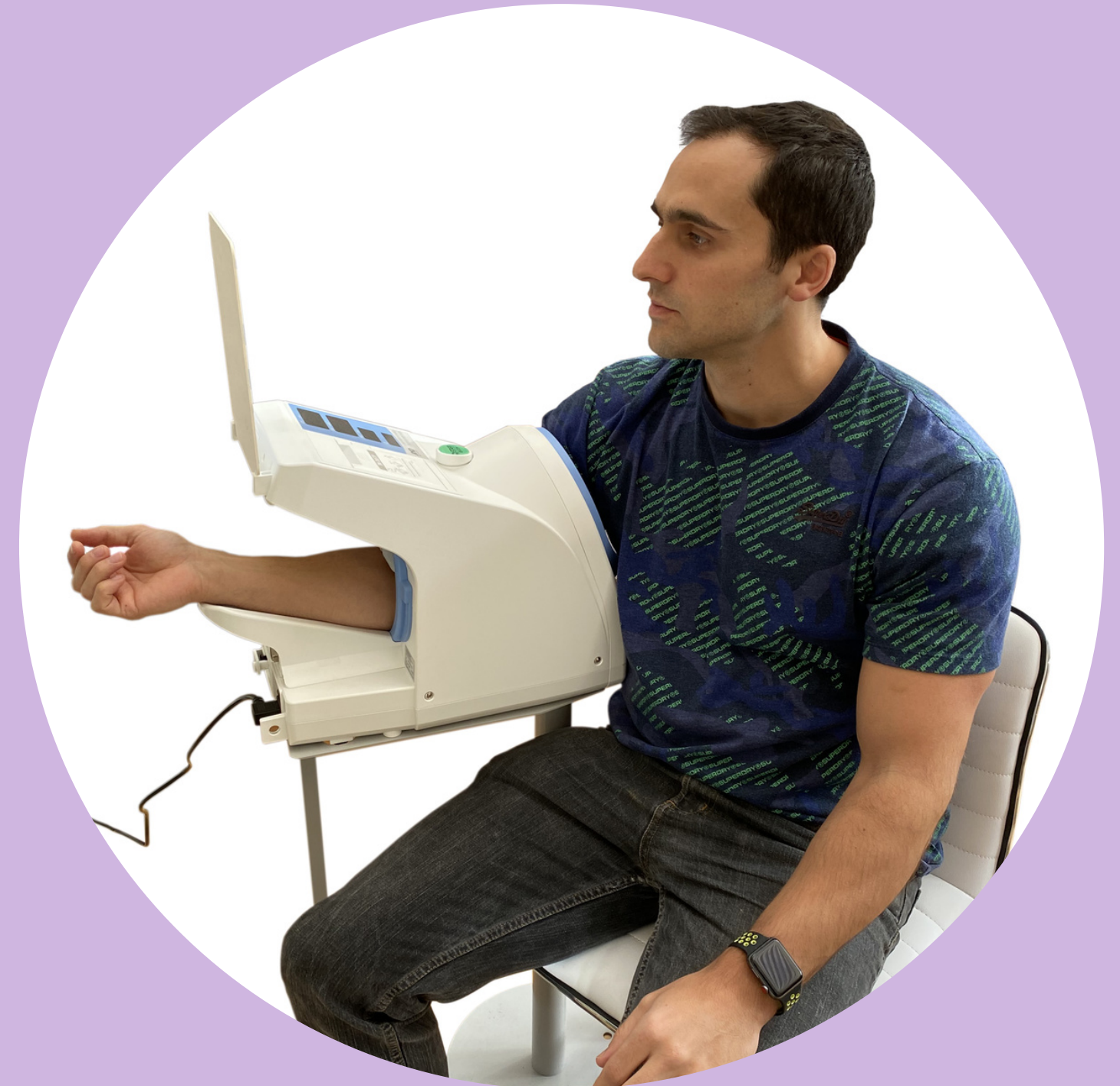


# How to use the Blood Pressure Machine



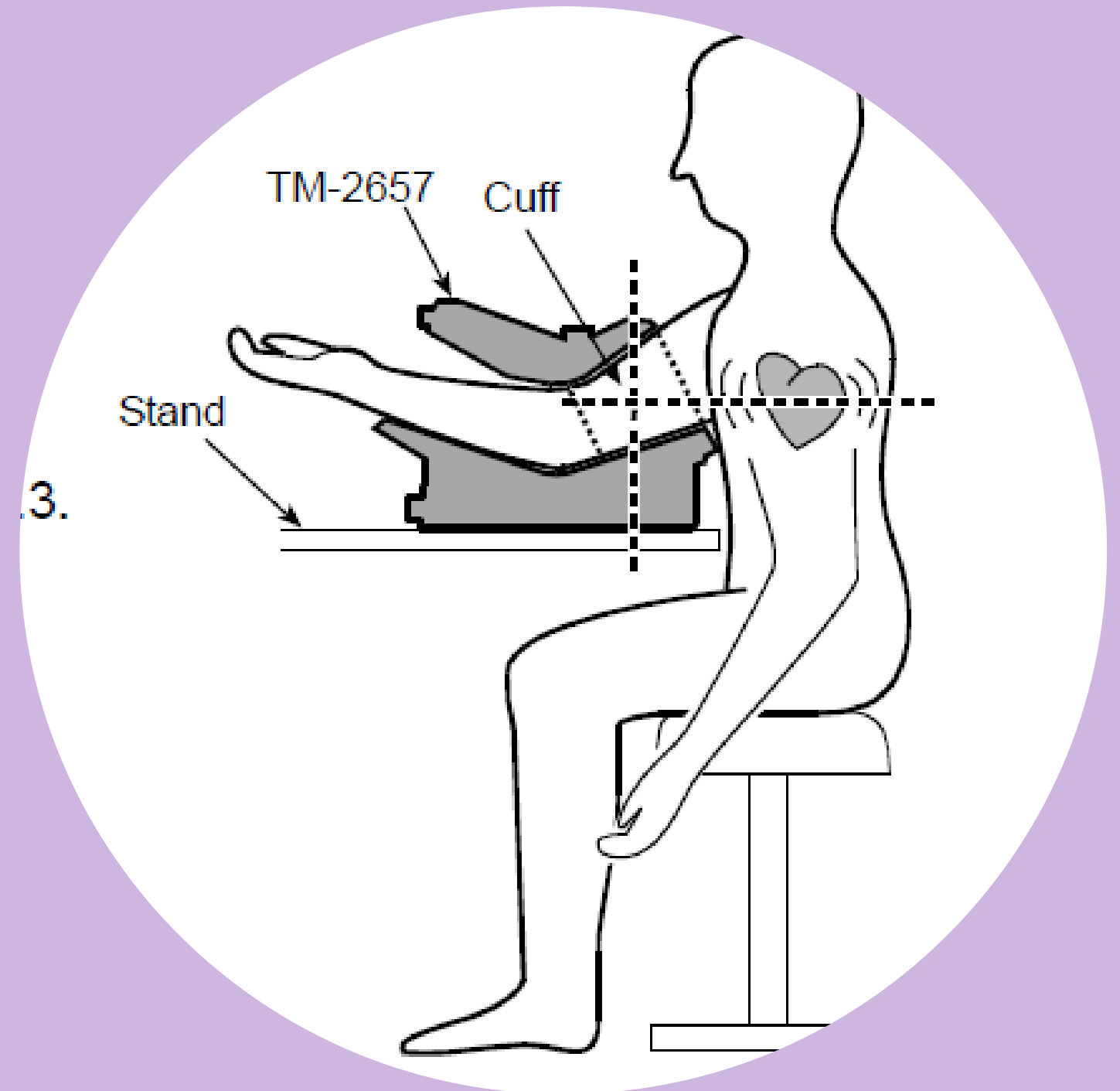
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- Sit on the chair provided with your legs placed together one side of the BP monitor.
- Adjust the height of the chair until your heart is level with the BP monitor



# How to use the Blood Pressure Machine

- Insert your arm all the way to the top of your shoulder with your elbow in the elbow rest.
- Sit still and do not talk.
- Do not wear thick clothing.





# How to use the Blood Pressure Machine



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- If your Blood Pressure reading is out of range, you may be asked to take it again up to a total of 3 times

# How to use the Height and Weight Scales



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- For a more accurate reading please remove your shoes before standing on the scales
- Stand upright on the scales
- Adjust the the height bar so that it just touches the top of your head





# How to use the Height and Weight Scales



- After you have adjusted the height bar, stand still on the scales
- When a stable measurement has been made, the scales will beep once
- The kiosk screen will update when the measurement has been taken from the scales


Once you've completed your questions, press **SUBMIT** and the data will be sent directly to your patient record

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Submit Results

Please select one of the following questionnaires

General Health Check	New Patient Health Check	Asthma	COPD	Diabetes	CVD
Mental Health Assessment	Oral Contraceptive Medication Review	Physical Activity Assessment (GPPAQ)	Eating Disorder Assessment (SCOFF)	Phobia Assessment (IAPT)	Mood self-assessment (PHQ9)
Depression Self-Assessment (HADS)	Anxiety Assessment (GAD-7)	Blood Pressure	Vital Signs		





**“I like using the kiosk as it means that when I go in to see my GP, they already have my up to date health data at hand. It feels more streamlined and gives more time for quality discussion”**

***Kiosk user***