

PPG Newsletter for August 2023

Travel and travel vaccinations

Please organise your travel vaccinations in plenty of time before your holiday (at least six weeks before you travel). When you call the practice for a travel appointment, a pre-travel risk assessment form will be sent to you – please complete this form (for each member of your family who are travelling) before your travel appointment with the nurse.

At the travel appointment the nurse will advise you of your travel requirements and what vaccinations may be necessary eg precautions to take to avoid malaria etc. Please be aware that some travel vaccinations are free of charge others are chargeable. Watership Down Health is not a yellow fever accredited centre.

We also recommend that patients make sure that they always have appropriate travel insurance and a GHIC (Global Health Insurance Card) card.

We cannot consult or prescribe medications to patients overseas. Please make sure that you take any prescription medications and carry enough for the whole duration of the time you are on holiday, particularly if overseas.

Patient Participation Group

Watership Down Health includes a voluntary Patient Participation Group (PPG). Its role is to support the practice staff in delivering health and wellbeing improvements for our community. We welcome all patients aged 16 and over who live within the practice boundary to share their ideas, skills and enthusiasm. If you would like to find out more about the PPG, please go to the PPG area of the practice website, <https://www.watershipdownhealth.com/practice-information/patient-participation-group/> or contact Abigail (PPG Chair) at abigail@comptonburnett.com or ask at the surgery reception desk

Shared decision-making

Shared decision-making ensures that individuals are supported to make decisions that are right for them. It is a collaborative process through which a clinician supports a patient to reach a decision about their treatment.

The conversation brings together:

- the clinician's expertise, such as treatment options, evidence, risks and benefits
- what the patient knows best: their preferences, personal circumstances, goals, values and beliefs.

We will be working to enhance this approach at Watership Down Health.

Carer's Tea Party

With Covid, we have not been able to hold a Carer's Tea party for a few years, however we are looking to hold one on Tuesday 12th September 2023 in the afternoon at Overton Surgery. Further details will go out in due course.

Late Appointments

Please note that we have seen an increase in patient's being late for their appointments. Our Team is not always able to accommodate if a patient is late and patients may be asked to rebook or wait until all other patients have been seen. Please be considerate towards our staff if this happens. There will be other patients who have arrived on time for their appointment and will be seen as per their appointment time.