

PPG Newsletter April 2024

Join the Watership Down Health Patient Participation Group (PPG) Would you like to help improve health and wellbeing in our community?

The PPG is a group of patients that works with the Watership Down Health team to improve health and wellbeing in our community by providing feedback about current services, helping to shape future services and promoting health initiatives.

We welcome all patients aged 16 and over who are registered with Watership Down Health and live within the practice boundary to share their ideas, skills and enthusiasm.

We aim to gather representatives from as broad a spectrum as possible to get a truly representative sample, including young people, workers, retirees, parents, grandparents, people with long term conditions and people from non-British ethnic groups.

If you would like to join the PPG, please complete the PPG Registration Form on Watership Down Health's website or contact the Abigail (PPG Chair) at abigail@comptonburnett.com or on 07747-111336.



Breast Screening

When you'll be invited for breast screening and who should go?

Anyone registered with a GP as female will be invited for NHS breast screening every 3 years between the ages of 50 and 71. You'll get a letter in the post inviting you. Please make sure that your address and contact details are up to date with your GP Practice otherwise this important invite will not reach you.

You'll automatically get your first invite for breast screening between the ages of 50 and 53. Then you'll be invited every 3 years until you turn 71.

If you're a trans man, trans woman or are non-binary you may be invited automatically, or you may need to talk to your GP surgery or call the local breast screening service to ask for an appointment.

You need to be registered with a GP surgery in the UK to be invited for breast screening.

More information for people with a learning disability:

An easy read guide is available from: <https://www.gov.uk/government/publications/breast-screening-information-for-women-with-learning-disabilities>

For full details, please go to: <https://www.nhs.uk/conditions/breast-screening-mammogram/>

New NHS App functionality - Waiting times in the NHS App

While you are waiting for your hospital appointment or treatment, you can now use the NHS App to get the information you need while you wait to be seen.

A new NHS App feature has been launched for patients to view an estimated waiting time for your hospital treatment. You will know you are on waiting list and how long you may have to wait for treatment.

View your hospital appointments in the NHS App



-  view referrals and appointments in one place
-  get details directly to your phone
-  see who to contact if you have questions

Find more information here:
nhs.uk/nhs-app



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