

# Reduce your risk of type 2 diabetes

Do you know if you are at risk of developing type 2 diabetes?

Would you be interested in a free programme that has helped more than 100,000 people in England to reduce their risk of type 2 diabetes?

**We'll cover all of this and more in our upcoming virtual information event.**

**Venue: ONLINE WEBINAR**

**Date: 31st August 2023**

**Time: 5pm - 5:30pm**

**Register online at:**

[www.eventbrite.co.uk/e/676621251377](http://www.eventbrite.co.uk/e/676621251377)

